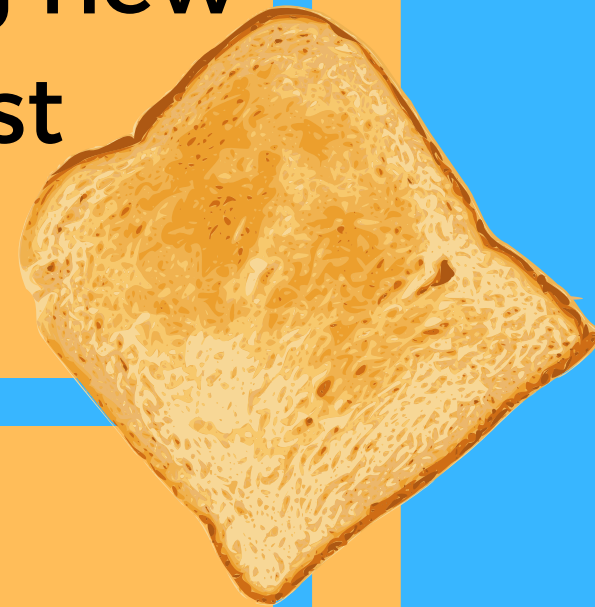




Listen to a new song

Pair up all your socks and reorganize your sock draw!

Try something new on toast



Wash your hands for 20 seconds



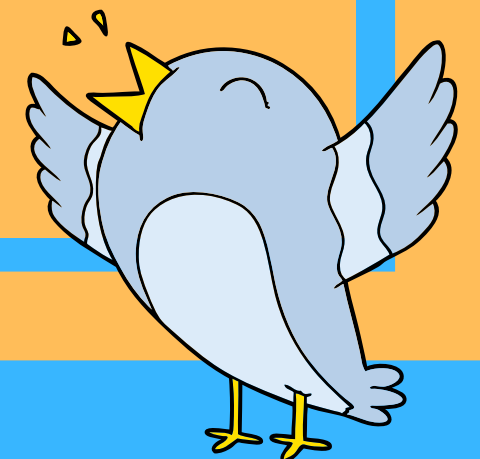
Go for a walk in your local neighbourhood

Text or call someone you know

Share a positive social media post

Write a haiku

Bird watch for 10 minutes



ISOLATION BINGO

Win a virtual high-five!

Complete just one line (horizontal) or the whole thing!

Send us the proof, we'd love to share on our Facebook page!

WWW.FACEBOOK.COM/NEWTOWN.COMMUNITY.CENTRE